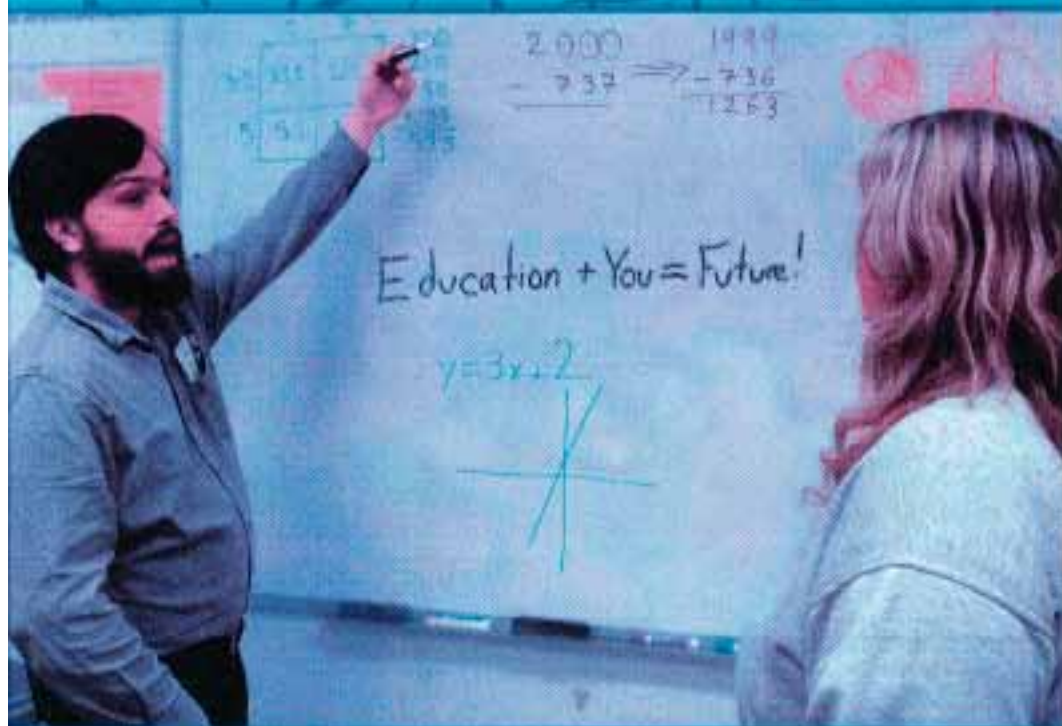


FREE

AUGUSTA ADULT & COMMUNITY EDUCATION

Spring 2018



626-2470



Scan to visit our website or visit us at
www.augusta.maineadulted.org

Hello, and thank you for taking the time to read our Spring 2018 Adult and Community Education brochure. Augusta Adult and Community Education's mission is to provide opportunities for citizens that meet their academic, occupation and enrichment needs.

We provide classes that include basic reading and math skills, English as a second language, high school completion, College Transition classes that enhance acceptance to post-secondary training and credentials for obtaining employment. We use tried and proven methods of instruction that includes supportive technology. Our new classes for the Spring 2018 semester are, Adobe Lightroom for Photographers, Architectural Design, Brazilian Portuguese Culture – Parts A & B, Emergencies on Board – While Boating, Linear Perspective, Maine International Adventure Travel Club, Make and Take Gifts with Essential Oils, Metaphysics 101, Pets and Essential Oils, and Translating the World Into Your Art: Learning to See.

We offer a full range of Enrichment classes and are always looking for more ideas from the community. Please feel free to contact us with your thoughts. If you have ideas for new programming, please don't hesitate to bring them to our attention. For more information in regards to our program and services, please feel free to call us at (207) 626-2470.

Augusta Adult and Community Education offers technical support to those who wish to become more familiar with how to use broadband, or high-speed internet services for education, enrichment, obtaining health information, supporting economic and community development and accessing governmental services. As your local Adult and Community Education program, we are the Community Connection for Broadband Technical Assistance in Augusta. This service is presented in cooperation with the Maine Department of Education and ConnectME Authority. Learn more at www.maine.gov/connectme.

Thanks!


Zane Clement, Director

Augusta Adult and Community Education



For High-Speed, Broadband Internet Technical Assistance

The Augusta Adult Education program is your ConnectME source for information on how you can use Maine's expanding high-speed, broadband internet connectivity to help you meet educational goals, enrich your life, obtain health information, access governmental services and enhance economic and community development. Contact our office and arrange a special presentation on the importance of high speed internet for your civic or social organization.

 Look for this symbol in our catalog. It identifies courses and workshops where you'll learn about high-speed internet connectivity. This community education program is presented in cooperation with the Maine Department of Education and the ConnectME Authority. Learn more at www.maine.gov/connectme and check the speed on your internet connection.

The MARTI project is funded by the American Recovery and Reinvestment Act
State Broadband Infrastructure Program
Award Number 23-50-M09062

Staff

Zane Clement, Director
Tanya Ducharme, Counselor
Rebecca Corcoran, College Transitions
Counselor
Helen Emery, Adult Ed Administrative
Assistant and Coordinator
Judith Howard, KLC Administrative
Assistant and Coordinator
Mae Libby, Adult Ed Day Secretary
Melinda Quirion, KLC Receptionist

General Office Hours

January 22 through June 7, 2018, our office will be open:

Mondays 8:30 a.m. – 5:30 p.m.
Tuesdays 8:30 a.m. – 5:30 p.m.
Wednesdays 8:30 a.m. – 5:30 p.m.
Thursdays 8:30 a.m. – 5:30 p.m.

Afternoon/Evening Hours

Kennebec Learning Center
33 Union Street, Suite 2, Augusta
Melody Doody, Evening Secretary
(626-2470)
Monday through Thursday, 5:30-9:00 P.M.

Cony High School
60 Pierce Drive, Augusta
Jennie Baker, Evening Secretary
Deanna Coutts, Evening Staff
(626-2460)
Tuesday through Thursday, 6:00-9:00 P.M.

Capital Area Technical Center
40 Pierce Drive, Augusta
Pamela Coutts, Evening Secretary
(626-2475)
Tuesday, 6:00-9:00 P.M.

School Holidays

Classes will not be held February 19-22,
April 16-19, and May 28

Graduation

This year's graduation (for our high school diploma and high school equivalency graduates) will be held Friday, June 1, 2018 at 7:00 p.m. in the Cony High School Auditorium. A reception will be held in the cafeteria following the graduation program.

Mission Statement

Augusta Adult and Community Education promotes innovative and flexible learning opportunities through educational classes and community-based partnerships to ensure each student's ability to succeed and develop skills needed for further education, job training, or employment opportunities.

CASAS Assessments

Students enrolling in our high school diploma, HiSET, Aspirations, College Transition, Office Skills Certificate, or Post Secondary programs will need to complete the CASAS Educational Assessments. Please call our office at 626-2470 to set up an appointment.

Snow Days

If Augusta schools are cancelled during the day, all adult education classes are automatically cancelled and the office is closed. *If Augusta schools are **delayed**, our **morning classes** are cancelled.* If day classes are held, but the weather changes, a notice of cancellation will be given on local radio stations, TV stations 6, 8, and 13, and at 626-2470 by 3:00 P.M.

Handicap Accessibility

All activities offered by Augusta Adult and Community Education are held in accessible locations. Accommodations for individuals with disabilities are available upon request.

NO Smoking Policy
ALL SCHOOLS IN AUGUSTA ARE
SMOKE-FREE ZONES.

Equal Opportunity

Augusta Adult & Community Education ensures equal employment, educational opportunities, and affirmative action regardless of race, gender, color, national origin, religion, marital status, age, sexual orientation, or disability in accordance with all state and federal laws.

Please note

Food and drinks (except for water) are prohibited in the Cony classrooms and all computer labs.

Changes

Published dates and times are subject to change. Registrants will be notified if changes occur.

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Courses requiring CASAS Educational Assessment are marked with an asterisk*

Registration Information

Online

You may register online by going to www.augusta.maineadulted.org and using the online payment option.

By Mail

Mail-in registration begins January 3rd. Please complete the registration form ***located on the inside back cover*** and mail it along with registration fee to:

Augusta Adult Education
33 Union Street, Suite 2
Augusta, ME 04330

Make checks payable to Augusta Adult Education. No receipt will be mailed unless requested. *You will not be notified unless difficulty is encountered.*

By Phone

If you would like to register by phone, have your VISA, MASTERCARD, DISCOVER or DEBIT CARD ready and we will gladly take your registration.

In Person

You may register in person beginning January 3rd at 33 Union Street, Augusta. Hours are from 8:30 a.m. to 4:30 p.m. *Note: Our Adult Education Enrichment classes are reserved for individuals 18 years of age and older who are not currently enrolled in high school.*

Cancellation Notices:

Augusta Adult and Community Education reserves the right to cancel any program which fails to meet minimum enrollment requirements, so please register early!

Refund Policy:

Full refunds will be made if we cancel the class. If circumstances prevent you from attending classes, and you notify us **before the first class**, we will refund the full amount to you. You will receive a check in the mail.

Please allow 2-3 weeks for processing. Please note that if you do not cancel and you do not attend, you are still responsible for full payment. Requests for refunds after the first class meeting will be considered on an individual basis.

Senior Discount:

If you are 60 years or older – take \$5.00 off any class with a registration fee of \$15.00 or more (except Maine Driving Dynamics).

Please Note:

If your courses are to be billed to an agency or employer, an authorization must accompany your registration.

Day Program At: *Kennebec Learning Center*

We offer educational opportunities from college preparation to basic literacy skills. Our classrooms provide a warm and inviting educational environment with small classes and individual learning levels. Course fees are based on your program enrollment. Please call 626-2470 to schedule an appointment for a CASAS assessment and to meet with one of our counselors to complete your registration process.

COLLEGE TRANSITIONS

We offer the academic entrance placement assessment (Accuplacer) once you have completed the CASAS. Those individuals enrolling in our College Transitions Program pay a textbook fee only.

HIGH SCHOOL COMPLETION

Adults who want to earn their high school diploma have an option to enroll in day classes. Upon completion of the CASAS assessment, we will schedule a time for you to meet with our counselor to discuss your goals, learning styles, and develop a plan for your high school completion. We also offer HiSET preparation classes and testing for those who want to complete high school with a state recognized high school completion certificate.

ENGLISH LANGUAGE LEARNERS (ELL)

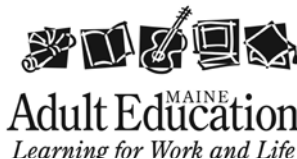
If English is not your first language or you want to improve your current speaking skills and knowledge, we offer classes from non-speaking to advanced. The ELL software program Rosetta Stone is also available to individuals.

ADULT BASIC EDUCATION (ABE)

This program is for adults who want to develop their basic reading, writing, and math skills. Our program offers the opportunity to learn in a small, comfortable, and encouraging classroom setting. We offer English and math classes Tuesday and Thursday mornings.

***CAREER ADVISING** classes for Adult Basic Education and English Language Learner students will help prepare individuals for the workplace.*

We believe in individual endeavor, team cooperation, and lifelong learning!



ARTS & CRAFTS

ARCHITECTURAL DESIGN

SOLMITZ, OLIVER

Students will gain a fundamental understanding of space and how it can be defined to benefit their life. Through lecture, demonstration, example, evaluation, and discussion, as well as exercises in architectural design, students will begin to understand the importance of good design in the built environment as well as learning some basic methods of architectural design. Material list available on our website or by contacting our office.

TUE/February 27, 2018, 6:00-9:00, 4 weeks, Cony, Self-supporting Fee: \$50

CROCHETING FOR BEGINNERS

PHAM, HOA

Whether you've never held a skein of yarn before or you learned to crochet years ago and need a refresher, this class is for you! Students will learn about tools and basic crochet stitches including chains and single crochet! Please bring one skein of worsted medium-weight yarn (such as the Red Heart brand), a size G (7) crochet hook, a yarn needle, and scissors to the first class.

TUE/January 23, 2018, 6:00-8:30, 4 weeks, Cony, Self-supporting Fee: \$35

LEARN TO KNIT

PHAM, HOA

Learn to cast-on, knit, purl, and cast-off. We will work on a small project during this class. Please bring one skein of worsted medium-weight yarn (such as the Red Heart brand), #5 needles, a yarn needle, and scissors to the first class.

THU/January 25, 2018, 6:00-8:30, 4 weeks, Cony, Self-supporting Fee: \$35



Adult Education
MAINE
Learning for Work and Life

LINEAR PERSPECTIVE

SOLMITZ, OLIVER

Students will learn to use linear perspective to their full advantage as foundation for all drawing. Material list available on our website or by contacting our office.

THU/March 1, 2018, 6:00-9:00, 6 weeks, Cony, Self-supporting Fee: \$75

MAKE AND TAKE GIFTS WITH ESSENTIAL OILS

WILHELM, JOANNA

Maybe you've been hearing about essential oils and are curious, or you just like finding ways to make gifts for others or things to use at home for yourself. Join me for an evening that will be fun and informative! Learn about essential oils, how they're made, and all the ways they can be used from making our houses smell good to replacing beauty products to supporting our physical and emotional health. You'll get to make a couple of goodies and get the recipes to make more! These are easy to make and are great to use for yourself or give as gifts for teachers, friends, family, and others. We'll be making fragrant bath salts that double as shower bombs and room sprays. We'll also make an all-natural cleaner to use around the house. I'll have some additional easy recipes for you to take with you.

TUE/January 30, 2018, 6:00-8:00, 1 night, Cony, Self-supporting Fee: \$16

THU/April 26, 2018, 6:00-8:00, 1 night, Cony, Self-supporting Fee: \$16

PETS AND ESSENTIAL OILS

WILHELM, JOANNA

Have you been hearing about essential oils being used for wellness and wondered whether they can also be used for your dogs, cats, or horses? Learn about essential oils, the different qualities, how they're made, and all the ways they can be used to help our four-legged furries. We'll cover it all - from helping calm anxiety to homemade repellents for them, and most importantly, information for safely using the oils with our pets.

You will make a pest repellent spray and some all-natural cleaner for around the house to take home. I'll include additional pet-friendly recipes.

TUE/March 6, 2018, 6:00-8:00, 1 night, Cony, Self-supporting Fee: \$14

SEWING SIMPLIFIED

WINCHELL, WYNNE

This class is for the beginner or intermediate student. Students will learn machine basics: threading, bobbins, and types of stitching available on the sewing machine. Instructions will be given on the use of patterns. Intermediate students will have more time to further develop basic skills. This is a good opportunity to make a wedding present for a spring wedding, a shower present for a new baby, or the latest spring fashion. You may bring your own machine or use a classroom machine. Class limited to six students.

MON/March 5, 2018, 6:00-9:00, 6 weeks, Kennebec Learning Center, Self-supporting Fee: \$65

SILVER JEWELRY MAKING

HARTWELL, PENNY

Learn a unique method of creating silver jewelry. We'll be using 99.9% pure silver (won't tarnish!) to create stunning earrings, pendants and rings. Molds will be found in every day items. Please be prepared to pay the instructor \$65 for supplies at the first class. NOTE: Please register by April 10th. The instructor needs to order the materials two weeks in advance if enough students are registered.

WED/April 25, 2018, 6:00-9:00, 3 weeks, Cony, Self-supporting Fee: \$32 + \$65 Material Fee to be paid to instructor first night of class

TRANSLATING THE WORLD INTO YOUR ART: LEARNING TO SEE

SOLMITZ, OLIVER

Students will learn to see their surroundings from a formal perspective and begin to create from that understanding. Material list available on

our website or by contacting our office.
TUE/January 23, 2018, 6:00-9:00, 4 weeks, Cony, Self-supporting Fee: \$50

GENERAL INTEREST

ADOBE LIGHTROOM FOR PHOTOGRAPHERS

HARADEN, LEAH

Adobe "Lightroom" is the very popular software program for organizing and editing your photos. In this level I class we will primarily focus on the Library and Develop Modules with an overview of the other components. Learn how to edit your photos and develop an efficient workflow to save time. Students must bring their laptop with Lightroom installed to each class. For more information email instructor at bokeh@roadrunner.com.

WED/January 24, 2018, 6:00-8:00, 4 weeks, Cony, Self-supporting Fee: \$40

AMERICAN SIGN LANGUAGE - BEGINNERS

FILES, RACHEL

Come join in on the fun and learn a language that's hands on. ASL will start with learning the manual alphabet, finger spelling, grammar, both visual and expressive communication vocabulary (in a group setting), and group activities. The activities will help you learn new skills, review, and practice what you have learned in class. A certificate will be given to those who complete the class.

TUE/January 23, 2018, 6:00-8:30, 6 weeks, Cony, Self-supporting Fee: \$75



BRAZILIAN PORTUGUESE AND CULTURE - PART A

BARLEY, JORGEANNE

Learn the basics of the Brazilian Portuguese language and gain a cultural background of Brazil and its rhythms. Be ready for a highly interactive and fun class with music, dance, food, and lots of energy! You will get an understanding from inside out of this amazing country and its people! Be ready to learn how to dance Samba and how to make "Feijoada" (bean stew)!

**THU/January 25, 2018, 6:00-8:00,
7 weeks, Cony, Self-supporting Fee:
\$84**

BRAZILIAN PORTUGUESE AND CULTURE - PART B

BARLEY, JORGEANNE

The influence of Brazilian indigenous people and immigrants from Angola, Mozambique, Italy, Germany, and Japan made Brazil a diverse and rich country. You will continue the experience of learning more about Brazilian Portuguese language and a "Moqueca" dish (fish stew with coconut milk) will be served after learning about its origin. If you want to plan a visit to Brazil there is a possibility of traveling to this beautiful country in July of 2018. Let's get ready!

**THU/March 29, 2018, 6:00-8:00,
7 weeks, Cony, Self-supporting Fee:
\$84**

CAMERA COLLECTING AND PHOTOGRAPHY

HARWATH, PAUL

We will discuss camera collecting, operation and values, film photography, and the adaptation of vintage lenses to modern digital cameras.

**WED/March 21, 2018, 7:30-8:30,
8 weeks, Technical Center, Self-
supporting Fee: \$31**



Like us on Facebook!

www.facebook.com/augustaadulted

CENTRAL MAINE'S ARCHITECTURAL HISTORY

MITCHELL, DANIEL

Learn about 250 years of Maine architecture, and maybe learn something about YOUR house. Learn how to be an advocate for historic preservation. The framework of this course will be presentations covering five major architectural periods (18th Century, Federal, Greek Revival, Victorian, and Modern). Students are encouraged to enhance the class with experiences from their own homes. Student photos can be integrated into the slide presentations, and students can share their own old house stories or problems. There will be slides of many local, central Maine examples, numerous hands-on artifacts, suggested books, as well as general discussion of methods of construction, technology changes, style changes, and the ideas behind them. We'll cover topics of restoration and historic preservation as well as how to solve common old house problems. Class fees will be donated to a needy local historical organization.

**THU/January 25, 2018, 6:00-8:00,
6 weeks, Cony, Self-supporting Fee:
\$35**

CONSTELLATIONS OF SPRING

ELLIOTT, TED

We have 3 exciting oppositions to look forward to this spring. Jupiter, Saturn, Mars.....one after the other. I'll bring a telescope to class, discuss how it works, and we'll go out and see the exciting bright Spring stars. You'll need **THE STARS: A NEW WAY TO SEE THEM** ISBN 978-0-544-76343-2. It's the world's best introduction to the Constellations! We'll look at or discuss the Zodiacs (important-they contain planets) and the solar system. Taurus, Gemini, Cancer, Leo, Virgo, and Libra are all out during class this time of year. Learn the beauties and subtlety of the night sky! We'll go over some history of astronomy as well. You won't be the same. Binoculars are helpful!

**TUE/March 6, 2018, 6:00-9:00, 4 weeks,
Cony, Self-supporting Fee: \$45**

COOPERATIVE PARENTING AND DIVORCE

BUCKHALTER, EMILY

This 8-week program gives divorcing or separating parents the power to make positive changes that shield their children from parental conflict and guides them into establishing a long-term relationship with the child's other parent. Using video, PowerPoint, discussion, and text to address all learning styles, this evidence-based course offers in-depth information on communication strategies, cooperation techniques, child brain development, and much more.

TUE/March 20, 2018, 5:30-7:30, 8 weeks, Cony, Cost: Free

ELDER LAW - THE BASICS

NALE, ESQ., JOHN

This free two-hour class will include discussion regarding retirement planning, advance directives, guardianships and conservatorships, second marriage family planning, long-term care and estate planning. Attorney Nale will be available after class to answer any questions as well.

TUE/March 6, 2018, 6:00-8:00, 1 night, Cony, Cost: Free

GROW YOUR OWN ORGANIC GARDEN

MOFGA

Interested in learning how to grow your own vegetables in a sustainable manner? Join us for an evening-long workshop on how to grow your own garden organically. We'll talk about the basics of soil science and how to enrich your soil to produce healthy, high-yielding plants. The course will also cover the fundamentals of making and using compost, the principles of crop rotation and how to incorporate green manures to manage nutrients in the garden. Other topics will include how to tell the difference between cultivated plants and weeds, basic weed control strategies and cultural methods for dealing with pests. The instructor will be an experienced farmer or gardener from your region. We will even send you home with free

seeds! All are welcome, from first-timers to experienced gardeners who want to experiment with new techniques.

WED/April 4, 2018, 6:00-9:00, 1 night, Technical Center, Self-supporting Fee: \$5 + \$5 Material Fee

GUITAR I - ACOUSTIC

ELLIOTT, TED

In this class for the total to near beginner, I'll start you off easy. The guitar is the world's most popular instrument. You'll learn the chromatic scale, how a capo works, tuning and the 16 chords you'll need to play many songs. We'll listen to, play, or discuss early Bob Dylan, Woody Guthrie, Iris Dement, Gordon Lightfoot, Johnny Cash, Rory Block, and more. Some DVD's will be seen when your fingers get tired. You'll need: guitar, capo, picks, tuner, and a notebook. Some practice is required between classes.

TUE/April 24, 2018, 6:00-9:00, 4 weeks, Cony, Self-supporting Fee: \$45

HEALTHY ASIAN COOKING - CHINESE

OYERBIDES, LIAN

The hands-on learning experience in the Healthy Asian cooking class will help you master the favorite Chinese recipes step by step. Join us for a fun night out with food and more! **PLEASE NOTE:** *Cooking classes require a 5-day cancellation notice as they require the advance purchase of perishable products. No-shows and late cancellations will not be refunded.*

TUE/May 8, 2018, 5:30-8:00, 1 night, Cony, Self-supporting Fee: \$10 + \$15 Material Fee to be paid to the instructor

HEALTHY ASIAN COOKING - JAPANESE

OYERBIDES, LIAN

The hands-on learning experience in the Healthy Asian cooking class will help you master the favorite Japanese recipes step by step. Join us for a fun night out with food and more! **PLEASE NOTE:** *Cooking classes require a 5-day cancellation notice as they require the*

advance purchase of perishable products. No-shows and late cancellations will not be refunded.

TUE/April 24, 2018, 5:30-8:00, 1 night, Cony, Self-supporting Fee: \$10 + \$15 Material Fee to be paid to the instructor

HEALTHY ASIAN COOKING - KOREAN

OYERBIDES, LIAN

The hands-on learning experience in the Healthy Asian cooking class will help you master the favorite Korean recipes step by step. Join us for a fun night out with food and more! **PLEASE NOTE:** *Cooking classes require a 5-day cancellation notice as they require the advance purchase of perishable products. No-shows and late cancellations will not be refunded.*

TUE/April 3, 2018, 5:30-8:00, 1 night, Cony, Self-supporting Fee: \$10 + \$15 Material Fee to be paid to the instructor

HEALTHY ASIAN COOKING - THAI

OYERBIDES, LIAN

The hands-on learning experience in the Healthy Asian cooking class will help you master the favorite Thai recipes step by step. Join us for a fun night out with food and more! **PLEASE NOTE:** *Cooking classes require a 5-day cancellation notice as they require the advance purchase of perishable products. No-shows and late cancellations will not be refunded.*

TUE/April 10, 2018, 5:30-8:00, 1 night, Cony, Self-supporting Fee: \$10 + \$15 Material Fee to be paid to the instructor

MAINE DRIVING DYNAMICS

TBA

Maine's "Driving Dynamics Course" offers all drivers the opportunity to improve their defensive driving abilities. This five-hour course will include discussion of collision avoidance techniques, safety issues, driver habits and attitudes, and the basic elements

that constantly challenge drivers on Maine's highways. A certified Maine Driving Dynamics instructor teaches the course. The course format engages active participation of students. Those completing the course will receive a three-point credit on their driving record. *When registering, please include your date of birth and drivers license number. REGISTRATIONS MUST BE RECEIVED BY THE THURSDAY BEFORE THE CLASS STARTS.*

TUE/February 6, 2018, 6:00-8:30, 2 weeks, Technical Center, Self-supporting Fee: \$40 (up to age 65); \$25 (age 65+)

TUE/May 1, 2018, 6:00-8:30, 2 weeks, Technical Center, Self-supporting Fee: \$40 (up to age 65); \$25 (age 65+)

MAINE INTERNATIONAL ADVENTURE TRAVEL CLUB

ROY, ANN

Do you have an adventurous heart? Would you love to travel but not alone? We are a group of local adults with a common passion for travel that meets regularly to hike, walk, snowshoe, visit wineries and museums or otherwise socialize to get to know each other, and many of us travel together home and abroad! Join us for an evening of images and stories from local adventures and group trips in recent years: Greece, Ireland, Peru, Italy, France, Switzerland, Spain and the US National Parks... AND learn about upcoming trips, or just come to enjoy the show! Upcoming trips 2018: Egypt and The Nile, Venice, Florence and Rome, Amsterdam, Canadian Rockies, Alaska Cruise, Portugal and a Safari in Tanzania. 2019 trips: Italy, Greek Islands, Great Britain, and Croatia. **JOIN US AND TRAVEL WITH FRIENDS!** See link for itineraries and pricing all tours: <http://maineinternationaltravel.com/>
WED/January 31, 2018, 6:30-8:30, 1 night, Cony, Self-supporting fee: \$12

TUE/March 13, 2018, 6:30-8:30, 1 night, Cony, Self-supporting fee: \$12

MEETING YOUR SPIRIT GUIDES

SULLIVAN, JEANNIE

Come find out who your spiritual team might be. We will have an interactive discussion about Arch Angels, angels, spirit guides, and those whom we love who have crossed over. Near the end of class you will participate in a meditation that will help you access a loved one, guide, or angel.

TUE/March 27, 2018, 6:00-8:30, 3 weeks, Cony, Self-supporting Fee: \$36

METAPHYSICS 101

SULLIVAN, JEANNIE

Have you ever wondered about metaphysics? Come to this fun and engaging discussion about spirituality, spirit guides, mediumship, tarot, intuition, and more. Bring your questions to the Question and Answer session.

TUE/March 6, 2018, 6:00-8:30, 1 night, Cony, Self-supporting Fee: \$15

MY MONEY WORKS

BRANN, SHERRI

This class will help you gain the skills and confidence you need to stretch your money, pay your bills, reduce debt, find money for savings, plan for retirement, and set personal financial goals. At the end of the class you will have a personal money management plan. Cost: Free. Register through Adult Education. Offered by New Ventures Maine. Questions? Contact Sherrie at sherrie.brann@maine.edu or 621-3436.

TUE/April 3, 2018, 6:00-8:30, 5 weeks, Cony, Cost: Free

PARANORMAL INVESTIGATIONS 101

LABBE, MICHAEL

Come join 4WhiteShadows - Michael Labbe in Paranormal Investigations 101. We will review the instruments we use and go on an investigation in the Augusta area. We will discuss our findings together in a team environment.

WED/January 24, 2018, 6:00-8:00, 5 weeks, Cony, Self-supporting Fee: \$40

PRIMITIVE ARCHERY - AN INTRODUCTION

HARWATH, PAUL

We will cover the making of a traditional longbow bow from common woods, both with and without the use of power tools. The use of power tools makes the task quicker but also makes it easier to cause a flaw that can cause breakage. The class will go over how to choose a piece of wood and what you will need to put your bow to use, such as a bow string and arrows. This class is designed to help you discern whether traditional archery is for you. Advanced classes will be available in the future.

THU/March 8, 2018, 6:00-7:30, 8 weeks, Technical Center, Self-supporting Fee: \$45

PRIMITIVE ARCHERY - INTERMEDIATE

HARWATH, PAUL

This class is a continuation of the Primitive Archery Introduction class. Instruction will include laminated bow design, the building of a bow vise for tillering, and advanced arrow, quiver, and shooting paraphernalia manufacturing.

THU/March 8, 2018, 7:30-8:30, 8 weeks, Technical Center, Self-supporting Fee: \$31

SIX FEET UNDER...OR NOT: YOUR END OF LIFE CHOICES

LAKIN, CHARLES

If you think that this is a morbid class to be avoided at all cost, you're wrong. My purpose is to give you the information you need to make good decisions about what happens to your body after your death and to answer any questions you may have about those choices. You'll be surprised at how many choices you have. A recent attendee called the class "riveting". Come see for yourself; you'll even laugh sometimes. Take a look at www.lastthings.net to see what you'll learn.

THU/April 26, 2018, 6:00-8:00, 1 night, Cony, Self-supporting Fee: \$6

SPANISH II

CORDON CHACON, PATRICIA

Bienvenidos back to Español for beginners! We will continue learning grammar, and building sentences with regular and some irregular verbs in present tense. We will give emphasis to the development of spoken language. See you in class!

WED/January 24, 2018, 6:00-8:00, 6 weeks, Cony, Self-supporting Fee: \$55 + Text

SPIRITUAL TABLE TIPPING

KING, ALICE

Spiritual Table Tipping is a means of communicating with your Spirit Guides, Guardian Angels, and loved ones who have passed on. It is a very powerful healing modality: physically, emotionally, and spiritually. At a Table Tipping Session you can learn what your soul's plan is, areas that you are stuck and why, how to gain the most out of your relationships, how your deceased family member or pets are doing, and what they are doing on the other side for their own soul development. **Limit 9 students.**

WED/January 24, 2018, 6:00-9:00, 1 night, Cony, Self-supporting Fee: \$18

TUE/March 6, 2018, 6:00-9:00, 1 night, Cony, Self-supporting Fee: \$18

THE ART OF METAL DETECTING

HARWATH, PAUL

This course will teach the fundamentals of metal detecting and the use of different types of metal detectors. You will learn proper recovery techniques with minimal soil disruption and the best way to extract your find without damage. We will cover the best places to search for treasures and how to interpret what your detector is telling you. Fun with exercise - you can't beat it!

WED/March 21, 2018, 6:00-7:30, 8 weeks, Technical Center, Self-supporting Fee: \$46



HEALTH & SAFETY

AMERICA'S BOATING COURSE 3

KENNEBEC RIVER SAIL & POWER SQUADRON

Offered by the Kennebec River Sail and Power Squadron, this 8 week course covers Boat Handling, Trailing, Aids to Navigation, Marine Radio Usage, Navigation Rules, Personal Watercraft Operation and Dealing with Adverse Conditions and Emergencies. Also included are Knots and Lines, Anchoring, the use of Marine Charts, Piloting and Determining Position. *Fee of \$55 includes book and materials and is to be paid to the instructor the first night of class.*

TUE/March 20, 2018, 6:00-8:00, 8 weeks, Cony, Self-supporting Fee: \$10 + \$55 Material Fee to be paid to instructor

BASIC LIFE SUPPORT FOR HEALTH CARE PROVIDERS

MARTIN, KENNETH

The Basic Life Support (BLS) for Healthcare Providers classroom course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED and relieve choking in a safe, timely and effective manner. This course is for healthcare professionals, direct care workers, day care providers, and those who need to know how to perform CPR, as well as other lifesaving skills, in a wide variety of in-hospital and out-of-hospital settings. The course is also for community members that are ready, willing and able to offer a hand during a crisis.

TUE/January 30, 2018, 5:00-9:00, 1 night, Cony, Self-supporting Fee: \$40 + \$25 Material Fee to be paid to instructor

WED/March 28, 2018, 5:00-9:00, 1 night, Cony, Self-supporting Fee: \$40 + \$25 Material Fee to be paid to instructor

CARDIO TENNIS

NORTON, SHERRY

A cardio workout using and learning basic tennis skills. Students are allowed to go at their own pace. Great workout - great fun!

SAT/January 27, 2018, 9:00-10:00, 5 weeks, A-Copi Tennis and Sports Center, Self-supporting Fee: \$77

EMERGENCIES ON BOARD - WHILE BOATING

JONES, CAPT. ED

Kennebec River Sail & Power Squadron members will prepare you to handle emergency situations that commonly happen while boating. Examples are: Man Overboard, Running Aground, Taking On Water, Mechanical Failures, Fire Aboard, Injuries and Medical Emergencies. Material fee of \$25 to be paid to instructor the first night of class.

TUE/March 6, 2018, 6:00-8:00, 2 weeks, Cony, Self-supporting Fee: \$10 + \$25 Material Fee to be paid to instructor first night of class

FITNESS BOOT CAMP

HUTCHINS, DEIDRE

If you are looking for a challenge and to improve your fitness level, this class is for you. Working with fit balls, med balls, dumbbells, and resistance bands this workout will keep your heart pumping. You will feel stronger and energized and want to come back for more! The workout goes nonstop for 45 minutes and includes squats, lunges, planks, pushups, sit ups, and much more. We make fitness FUN!

TUE/THU, January 23, 2018, 5:15-6:00, 5 weeks, A-Copi Tennis and Sports Center, Self-supporting Fee: \$82

FITNESS FOR EVERYBODY

HUTCHINS, DEIDRE

Need to improve your strength, balance, and flexibility? This 45 minute class offers toning, core strengthening, and stretching for all levels of ability. Fit ball, dumbbells, medicine balls, resistance bands, and mats are all provided for you! Deidre promises to make fitness

FUN! Class will run on Mondays and Wednesdays.

MON/WED, January 22, 2018, 9:00-9:45, 5 weeks, A-Copi Tennis and Sports Center, Self-supporting Fee: \$82

HEARTSAVER CPR/AED FOR ADULTS, CHILDREN, AND INFANTS

MARTIN, KENNETH

This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements. A 2 year certification card will be issued after successful completion of the course. If you have contact with patients at your workplace, you need BLS for the Healthcare Provider, not this class.

WED/February 28, 2018, 6:00-9:00, 1 night, Cony, Self-supporting Fee: \$40 + \$25 Material Fee to be paid to the instructor

KARATE WITH MY KID

WEBB, KEVIN

Have fun, learn something and grow together from the experience. That is what family karate at the Martial Arts Institute is all about. In fact, every child we teach trains with a parent in the SAME class. Families will learn traditional Goju Ryu karate in an environment that allows parents and kids to connect on a different level. Together families will be introduced to the physical skills of karate kihon (basics) and kumite (partner training). Families will be exposed to different aspects of character and emotional development, as well as how to translate these concepts into practical child-rearing techniques. This program is a means to articulate how martial arts training and traditional Okinawan philosophies can enhance and improve not only the life of the martial arts student, but that of their family as well.

MON/March 5, 2018, 5:30-6:15, 4 weeks, Martial Arts Institute, Self-supporting Fee: \$37

PILOTING YOUR BOAT

KRS&PS/ABC

This course will be presented by members of the Kennebec River Sail and Power Squadron and The America's Boating Club. The Piloting Course is oriented toward boaters relatively new to Navigation on the water. Students will learn how to determine Safe paths across the water, and then how to follow those pre-qualified paths using Electronics and Traditional Tools. *Materials, Text and Certificate fee to be paid to the instructor.* Members: \$85; Non-Members: \$160.

TUE/April 3, 2018, 6:00-8:00, 6 weeks, Cony, Self-supporting Fee: \$10 + Materials Fee

SEAMANSHIP

KRS&PS/ABC

This course will be presented by Kennebec River Sail & Power Squadron and the America's Boating Club. Seamanship is more in depth than the ABC 3 basic boating. Students will learn Boat Handling, Seamanship, Rules of the Road, Marlin Spike & Knots, Mooring, Rafting, Boating in Inclement Weather, and most importantly Safety. *Materials, Text and Certificate fee to be paid to the instructor.* Members: \$80; Non-Members: \$150.

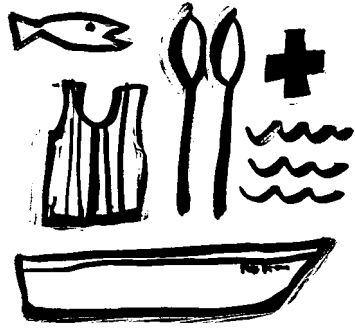
WED/January 24, 2018, 6:00-8:00, 6 weeks, Cony, Self-supporting Fee: \$10 + Materials Fee

TENNIS FOR ADULT BEGINNERS

NORTON, SHERRY

This program is geared towards beginners and players who may have been away from the game for too long. We will cover the basics, teaching you how to keep score, proper footwork, strategy and most important of all correct mechanics. Our program is a great way to familiarize yourself with the sport of tennis. Tennis is great exercise, appropriate for all ages, and a wonderful way to meet friends and get into shape.

SAT/January 27, 2018, 3:00-4:00, 5 weeks, A-Copi Tennis and Sports Center, Self-Supporting Fee: \$77



TENNIS FOR ADULT BEGINNERS

VEILLEUX, DANIEL

This program is geared towards beginners and players who may have been away from the game for too long. We will cover the basics, teaching you how to keep score, proper footwork, strategy and most important of all correct mechanics. Our program is a great way to familiarize yourself with the sport of tennis. Tennis is great exercise, appropriate for all ages, and a wonderful way to meet friends and get into shape.

THU/January 25, 2018, 9:00-10:00, 5 weeks, A-Copi Tennis and Sports Center, Self-supporting Fee: \$77

THU/January 25, 2018, 5:30-6:30, 5 weeks, A-Copi Tennis and Sports Center, Self-supporting Fee: \$77

ZUMBA FITNESS

FORTIN, JENNIFER

Perfect for everybody and every body! Each Zumba® class is designed to bring people together to sweat it out. How It Works: We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check. Benefits: A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility,

THU/March 1, 2018, 5:30-6:30, 7 weeks, Technical Center, Self-supporting Fee: \$42

LITERACY & LANGUAGES



ABE CAREER ADVISING

CORCORAN, REBECCA

This course will prepare ABE students for the workplace. It covers interest inventories, self-evaluations of work abilities and skill toward career pathways. Recognizing and overcoming barriers to the workplace will be discussed as well as development of appropriate attitudes, time management, organizational skills, conflict resolution and work ethics. Interviewing skills and how to fill out job applications on paper and online will be covered. We will address the soft skills one needs to get and keep a job.

MON/March 5, 2018, 8:30-11:30, 8 weeks, Kennebec Learning Center, Cost: Free + Text

ADULT BASIC EDUCATION

WINCHELL, WYNNE

Many adults have not developed their basic math or reading skills. This class offers the opportunity to learn in a small, comfortable, and encouraging classroom setting.

MATH: TUE/THU, January 23, 2018, 8:30-10:00, 15 weeks, Kennebec Learning Center, Cost: Free

READING: TUE/THU, January 23, 2018, 10:00-11:30, 15 weeks, Kennebec Learning Center, Cost: Free

ENGLISH LANGUAGE LEARNERS

FOSTER, JANICE

KELLY, NANCY

Come join one of our ELL classes to increase language proficiency in any of the following areas: everyday conversation, pronunciation, grammar, or writing. The informal classroom setting creates a relaxed environment for learning and socialization. Call us at 626-2470 to register. for the following classes:

ELL - ADVANCED: MON/WED, January 22, 2018, 8:30-11:30, 15 weeks, Kennebec Learning Center, Cost: Free + Text

ELL - INTERMEDIATE: MON/WED, January 22, 2018, 12:30-2:30, 15 weeks, Kennebec Learning Center, Cost: Free + Text

ELL - MULTI-LEVEL: MON/WED, January 22, 2018, 5:30-8:30, 15 weeks, Kennebec Learning Center, Cost: Free + Text

ELL ADVANCED ENGLISH: TUE/January 23, 2018, 5:30-8:30, 15 weeks, Kennebec Learning Center, Cost: Free + Text

ELL - BEGINNER: TUE/THU, January 23, 2018, 8:30-11:30, 15 weeks, Kennebec Learning Center, Cost: Free + Text

ELL CITIZENSHIP: WED/January 24, 2018, 5:30-8:30, 15 weeks, Kennebec Learning Center, Cost: Free + Text

ELL HIGH BEGINNER/LOW INTERMEDIATE: TUE/THU, January 23, 2018, 8:30-11:30, 15 weeks, Kennebec Learning Center, Cost: Free + Text

ELL NEWCOMER ENGLISH: MON/WED, January 22, 2018, 9:00-11:00, 15 weeks, Kennebec Learning Center, Cost: Free + Text



ELL CAREER ADVISING

CORCORAN, REBECCA

This course begins to prepare ELL students for the workplace. It covers work place vocabulary including job titles, actions and descriptions. We discuss different occupations, what education or skills are required, and work opportunities in the community. Students have the opportunity to tour local colleges and universities. Students start recognizing and overcoming barriers to finding education and employment.

THU/January 25, 2018, 9:00-10:00, 15 weeks, Kennebec Learning Center, Cost: Free + Text

BELL ECONOMIC FOUNDATIONS

EMERY, MICHAEL

This course is designed to introduce students to basic economic principles and skills associated with Personal Economics, Microeconomics, Macroeconomics, and Global Economics. We will cover the basic skills (balancing a checkbook, maintaining good credit) you will need to get by in today's modern financial maze. We will explore what you need to know about credit and loans, insurance, taxes, how to pay for college and how to be an informed consumer when making a large purchase.

MON/WED, January 22, 2018, 12:30-2:00, 15 weeks, Kennebec Learning Center, Cost: Free + Text

BELL MATH

CORMIER, ANDRE

Learn multiple levels of math to prepare you for a traditional high school level math class, or prepare to take the college placement Accuplacer exam. From numeracy skills to Algebra II, this class supports learners with varying levels of English language ability as they seek to deepen mathematical knowledge and application. A translator with mathematical credentialing and technology assist students in a self-paced, low teacher-to-student ratio environment.

WED/January 24, 2018, 8:30-11:30, 15 weeks, Kennebec Learning Center, Cost: Free + Text

COMPUTER & OFFICE

ACCOUNTING I - PART I

DOODY, JONATHAN

This is beginning instruction for accounting. The course covers sole proprietorships and partnerships in a 5 journal, 3 ledger accounting system. All accounting principles (including journalizing in the 5 journals; posting to the general and subsidiary ledgers;

adjusting and closing entries at the end of a fiscal period; financial statement preparation of balance sheets, owners' equity statements, and income statements; cash control systems; and payroll accounting are presented. The course covers the first 17 chapters of the Accounting I text. *This course may be used toward the Office Skills Certificate Program.*

MON/January 22, 2018, 6:00-9:00, 15 weeks, Kennebec Learning Center, Cost: \$30 (Residents); \$35 (Non-residents) + Text

BUSINESS ENGLISH (DAY)

EMERY, MICHAEL

Need English skills for the use in an office setting? Well then this is the course for you! Areas of instruction focus on punctuation, vocabulary, grammar, capitalization, spelling, letter formatting, writing, and set-up. Hands-on reinforcement exercises in the computer lab with the assistance of support technology will allow students to apply today's business concepts in a future office setting. *This course may be used toward the Office Skills Certificate Program.*

TUE/THU, January 23, 2018, 12:30-2:00, 15 weeks, Kennebec Learning Center, Cost: \$30 (Residents); \$35 (Non-residents) + Text

BUSINESS ENGLISH

TBA

Need English skills for the use in an office setting? Well then this is the course for you! Areas of instruction focus on punctuation, vocabulary, grammar, capitalization, spelling, letter formatting, writing, and set-up. Hands-on reinforcement exercises in the computer lab with the assistance of support technology will allow students to apply today's business concepts in a future office setting. *This course may be used toward the Office Skills Certificate Program.*

WED/January 24, 2018, 6:00-9:00, 15 weeks, Kennebec Learning Center, Cost: \$30 (Residents); \$35 (Non-residents) + Text

 **INTRODUCTION TO COMPUTERS/KEYBOARDING**
CORMIER, ANDRE

You will be introduced to the basic computer terminology, a computer operating system, and application software. This course will enable you to work independently on a personal computer with beginning skills in word processing, spreadsheet, and database applications. Typing skill is an advantage but not a requirement for this course. *This course may be used toward the Office Skills Certificate Program.*

WED/January 24, 2018, 6:00-9:00, 15 weeks, Kennebec Learning Center, \$60 (Residents); \$65 (Non-residents)

 **MICROSOFT EXCEL 2010**
CORMIER, ANDRE

The course includes an introduction to electronic spreadsheets and how they are used; the difference between text, numbers, and calculating in Excel; creating and using formulas; right and wrong ways to enter a formula (and why); copying and pasting; drag-and-drop editing; formatting; printing; working with columns and rows; absolute references; and an introduction to charts. The intermediate portion of this course goes into a more advanced use of spreadsheet skills. It includes an intermediate level of formulas and functions; charting; using databases; working with multiple worksheets and workbooks; using HTML files; range names; labels in formulas; drawing objects and auto-shapes; PivotTables; using forms; importing data; and creating macros. *This course may be used toward the Office Skills Certificate Program. Students must be experienced computer users with skills in keyboarding, navigating around files and folders, and basic working knowledge of Microsoft Word.*

TUE/January 23, 2018, 8:30-11:30, 10 weeks, Kennebec Learning Center, Cost: \$65 (Residents); \$70 (Non-residents) + Text

 **MICROSOFT WORD 2010**
CORMIER, ANDRE

In this hands-on class, you will learn the fundamentals of Word 2010 to improve your productivity in word processing and desktop publishing. Some topics for this course include, but are not limited to: format, page setup, switch between multiple documents, bullets, automatic numbering, line spacing, headers & footers, breaks, tables, columns, inserting graphics, mail merge, macros, customizing toolbars, etc. A base speed of 20 wpm in addition to a previous experience in using computers is beneficial. *This course may be used toward the Office Skills Certificate Program.*

TUE/January 23, 2018, 6:00-9:00, 12 weeks, Kennebec Learning Center, Cost: \$65 (Residents); \$70 (Non-residents) + Text

 **OFFICE COMMUNICATIONS**
CORCORAN, REBECCA

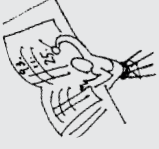
Students will be introduced to the skills necessary to succeed as office workers such as effective communications skills, human resources issues, general office procedures and the usage of a variety of office machines. Knowledge of human relations skills and business etiquette will be emphasized. *This course may be used toward the Office Skills Certificate Program.*

TUE/January 23, 2018, 2:30-5:30, 15 weeks, Kennebec Learning Center, \$30 (Residents); \$35 (Non-residents) + Text





Office Skills Certificate Program



The Certificate Program is designed for those individuals preparing for re-entry into the business world, preparing for an entry-level job, upgrading skills or seeking a promotion. Proof of successfully completed courses from other Adult Education programs and/or college courses that align with our requirements will be accepted. Students with prior skills may receive credit for up to three (3) courses or test out of some classes.

Students will need to take the CASAS Educational Assessment, meet with an adult education counselor, and attend orientation to be officially enrolled in this program. There is a one-time registration fee of \$25.00.

CLERICAL CERTIFICATE

- ✓ Accounting I - Part I & II
- ✓ Business English
- ✓ Business Math
- ✓ Career Advising
- ✓ Introduction to Computers
- ✓ Keyboarding (40 wpm)
- ✓ MSO-Excel
- ✓ MSO-Word
- ✓ Office Communications

OFFICE ASSISTANT CERTIFICATE

- ✓ Accounting I - Part I & II
- ✓ Business English
- ✓ Business Math
- ✓ Career Advising
- ✓ Introduction to Computers
- ✓ Keyboarding (60 wpm)
- ✓ MSO-Excel
- ✓ MSO-Word
- ✓ Office Communications

MEDICAL SECRETARY CERTIFICATE

- ✓ Accounting I - Part I & II
- ✓ Business English
- ✓ Business Math
- ✓ Career Advising
- ✓ Introduction to Computers
- ✓ Keyboarding (40 wpm)
- ✓ Medical Forms & Coding
- ✓ Medical Terminology
- ✓ MSO Excel
- ✓ MSO-Word
- ✓ Office Communications

ACCOUNTING CERTIFICATE

- ✓ Accounting I - Part I & II
- ✓ Business English
- ✓ Business Math
- ✓ Career Advising
- ✓ Introduction to Computers
- ✓ Keyboarding (40 wpm)
- ✓ MSO-Excel
- ✓ MSO-Word
- ✓ Office Communications
- ✓ Quickbooks

TOOLS & TRADES

CERTIFIED NURSING ASSISTANT COURSE

MARKLEY, ISABELLE

The CNA course is a 200 hour course consisting of classroom, lab and clinical instruction in an area health care facility. This course meets the Maine State Board of Nursing requirements. Successful completion of this course and passing the State of Maine CNA competency exam will qualify an assistant to work in a hospital, rehabilitation facility, clinic, or home health care. A reading assessment is required to show English reading proficiency at the time of the admission interview. An applicant should bring an application, resume, proof of high school completion, and two references to the interview. Upon acceptance to the CNA program, an applicant must have a background check. Classes will be held Thursday and Friday during the day. Candidates for the CNA program need to call us at (207) 626-2470 to set up an appointment for the CASAS Reading Assessment. Candidates will be given an application packet to complete when they complete the assessment, along with a list of items they will need for the interview.

THU/FRI, March 1, 2018, 9:00 a.m.-5:00 p.m., 12 weeks, Technical Center, Self-supporting fee: \$1,000

WELDING BASICS

DOYON, MAURICE

This course is designed for those who have had no previous welding experience. Each class will include approximately 45 minutes of theory and safety training and 2 hours of hands-on experience. The principles of arc and oxy-fuel welding will be discussed.

WED/March 21, 2018, 5:00-8:00, 8 weeks, Technical Center, Cost: \$30 (Residents); \$35 (non-residents) + \$120 Lab and Supply Fee



MARANACOOK ADULT EDUCATION IS OFFERING THE FOLLOWING COURSE. Please contact steve_vose@maranacook.org or 685-4923 x1009 to register

Commercial Driving License (CDL)

Class B: Dump Truck or Bus

This class prepares you to meet Maine DMV requirements and gives you the hands-on skills that employers demand. The course consists of 42 hrs of classroom instruction to prepare you for the CDL license process, including written and skills exam. The 30 hours of one-on-one range instruction will prepare you for the road test. In addition to the cost of the course, a \$35 permit fee, payable to the Secretary of State, is due by the second class. Additional endorsements of Bus, Tank and Hazmat are \$10 each. For the bus driving endorsement you must be over 21, have a clean driving record and get a physical exam at your own expense.

Instructor: Nancy Frost

Classes meet during the following dates and times:

Tuesdays 1/9, 1/16 (5:45-9:00 p.m.)

Thursdays 1/4, 1/11, 1/18, 1/25 (5:45-9:00 p.m.)

Saturdays 1/6, 1/13, 1/20, 1/27 (8:00 a.m.-2:30 pm)

Driving time arranged individually with Instructor

Location: PDC, 75 North Road, Readfield

Registration: \$1,900

**GARDINER ADULT EDUCATION
is offering the following trips.**

Please contact MSAD 11 Adult Education at 582-3774 or www.msad11.maineadulted.org for more information or to register,

Cabin Fever Cure

Thursday – Sunday, March 15-18, 2018

Departure: 6:15 a.m. from Waterville (Elm Plaza). Return 9:00 p.m.

Departure: 7:00 a.m. from Gardiner (Hannaford). Return 8:00 p.m.

Registration Fee: \$699.00 per person based on double occupancy
Registration fee includes: motor coach transportation, overnight accommodations (three nights), lunch on Thursday, lunch on Saturday, dinner on Friday and all tours.

Deadline to register is February 15th. No refunds will be issued after this date.

**Boston Yummy Walk and
Shear Madness
Saturday April 14, 2018**

Departure: 7:15 a.m. Waterville (Elm Plaza). Return 10:45 p.m.

Departure: 7:45 a.m. Gardiner (I-95 exit 102 Park and Ride). Return 10:00 p.m.

Registration Fee: \$179.00 per person.
Registration fee includes motor coach transportation, Yummy Walks tour and Shear Madness ticket.

Deadline to register is March 14. No refunds will be issued after this date.

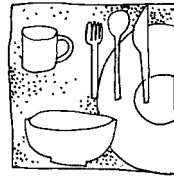
**New Hampshire Winery
Adventure
Saturday, May 5, 2018**

Departure: 7:15 a.m. from Waterville (Elm Plaza). Return 9:00 p.m.

Departure: 7:45 a.m. from Gardiner (Park and Ride, I-95 Exit 102). Return 8:15 p.m.

Registration fee: \$159.00 per person.
Registration fee includes motor coach transportation, three winery tours, tastings, snacks and souvenir glasses, and Holy Grail lunch. No one under 21 may participate-must have valid ID. For liability reasons, alcohol consumption on the bus is not permitted.

Deadline to register is April 5. No refunds will be issued after this date.



**MID-MAINE REGIONAL ADULT
COMMUNITY EDUCATION
is offering the following trip.**

Please contact Mid-Maine Regional Adult Community Education at 873-5754 or www.midmaine.maineadulted.org for more information or to register.

**Day Trip to Boston and the
New England Aquarium
Saturday, April 21, 2018**

Depart 7:30 a.m. from Waterville (Elm Plaza Shopping Center parking lot). Return 9:00 p.m.

Depart 8:00 a.m. from Gardiner (West Gardiner Service Plaza). Return 8:30 p.m.

Self-Supporting Fee: \$65 (Adult - 16 and over); \$59 (Child - under 16)

Your registration fee includes transportation to and from Boston and general admission to the aquarium. Special event tickets, IMAX tickets, and meals are not included. An adult must accompany children under the age of 16.

College Prep Courses!

College Transitions Courses

The College Transitions Courses were developed in response to the need for college preparedness classes and is a bridge program leading to college. These classes are designed for high school graduates or high school equivalency certificate recipients who intend to apply to post-secondary institutions. College Transitions courses offered this semester are listed below. Registration is free. Students only pay for books and lab fees. **It's never too late to enroll!**

To become a College Transitions student, you must participate in four of the six activities listed below:

- Meet twice with your College Transitions coach
- Complete pre- and post-CASAS Educational Assessments
- Complete pre- and post-Accuplacer college placement assessments
- Enroll in at least one College Transitions Course
- Participate in one College Transitions workshop (Workshops to be announced)
- Participate in a College Transitions cohort group
- Tour at least one college campus

For FREE CASAS Educational and Accuplacer College Placement Assessments, please call 626-2470 and make an appointment to meet with our counselor.



ACADEMIC AND CAREER ADVISING

CORCORAN, REBECCA

This course will prepare students for post secondary education and the workplace. It covers interest inventories, learning styles, and personality preferences, self-evaluations of work abilities and skill toward career pathways. Recognizing and overcoming barriers to college and the workplace will be discussed as well as development of appropriate attitudes, time management, organizational skills, conflict resolution, and work ethics. College placement testing, college tours, navigating a college campus or career site, interviewing skills and applications for college and work will be covered, along with resumes, and doing on-line applications. We will address the soft skills one needs to get and keep a job or stay in school.

MON/January 22, 2018, 2:30-5:30, 8 weeks, Kennebec Learning Center, Text Fee: TBA

WED/January 24, 2018, 2:30-5:30, 8 weeks, Kennebec Learning Center, Text Fee: TBA

MON/March 26, 2018, 2:30-5:30, 8 weeks, Kennebec Learning Center, Text Fee: TBA

WED/March 28, 2018, 2:30-5:30, 8 weeks, Kennebec Learning Center, Text Fee: TBA

THU/March 1, 2018, 6:00-9:00, 8 weeks, Kennebec Learning Center, Text Fee: TBA



NUMBER SKILLS FOR COLLEGE

EMERY, MICHAEL

This course is designed to prepare students for college-level math. We will build on previous understanding of operations with exponents and radicals, integers, and irrational numbers; order of operations; absolute value; variables and coefficients; expressions, equations, and inequalities; graphing on the coordinate plane; linear relationships; conditional probability; combinations and permutations; and more complex geometric concepts.

MON/January 22, 2018, 2:30-5:30, 15 weeks, Kennebec Learning Center, Text Fee: TBA



READING AND WRITING FOR COLLEGE

CORMIER, ANDRE

This course is a preparatory class for college-bound students who would like to increase his or her comprehension, vocabulary, and implement good reading practices. Techniques in reading will be modeled and practiced through STAR reading method, educational technology, and other tools as needed to prepare students to pass the college entrance Accuplacer assessment. This course includes conventions of standard English usage with their applications in writing sentences, paragraphs, and simple essays. Writing exercises will introduce students to the rigors and requirements of college writing.

TUE/January 23, 2018, 2:30-5:30, 8 weeks, Kennebec Learning Center, Text Fee: TBA

TUE/March 27, 2018, 2:30-5:30, 8 weeks, Kennebec Learning Center, Text Fee: TBA



MAINE
Adult Education
Learning for Work and Life

COLLEGE COURSE OFFERING



MAINE ADULT EDUCATION COLLEGE TRANSITION STUDENT SUCCESS COURSE

CORCORAN, REBECCA

This course is designed to help students prepare for admission to a college program. In this course, students will be introduced to a variety of topics including the college application process, financial aid, time management, goal setting, learning styles, campus resources, catalog policies, critical thinking, study skills, and how to complete a college level research paper. Those who successfully complete this course will obtain 3 college level credits that can be transferred into the University of Maine at Augusta as an elective or Kennebec Valley Community College as 1 college level credit. In addition, those who successfully complete this course may be eligible for scholarship funds to pay for their first course at a college of their choice.

MON/January 22, 2018, 6:00-9:00, 15 weeks, Kennebec Learning Center, Cost: Free + Text

Healthcare Skills Training

Augusta Adult and Community Education has partnered with the Academy of Medical Professions to provide a variety of healthcare skills training courses.

Please contact our office at (207) 626-2470 to set up an appointment to take the CASAS assessments and meet with our career counselor.

Course offerings include:

**Certified Group Exercise & Personal Trainer

**Clinical Medical Assistant

**Dental Assistant

**Medical Coding with CPC Certification

**Medical Office Specialist with Billing Certification

**Phlebotomy with CPT Certification

All programs include the course materials and certification fees. Payment plans are available - contact the Academy. For more information, please visit our website at www.augusta.maineadulted.org or www.academyofmedicalprofessions.com

HiSET® 2018

Augusta Adult and Community Education offers HiSET® testing *year-round* for people who want their high school credentials.

There are several steps to attaining a HiSET® certificate. First, you need to **call us at 626-2470** and set up an appointment with our counselor to take the CASAS and HiSET® pretest. Once you have completed the pretest, our trained staff will review the results with you. If you have attained scores exceeding the required average, we will set up a schedule for you to come in and take the HiSET® examination and plan your next step with our College Transition and Work Coach staff.

Should you discover you are not quite ready to take the HiSET®, we have HiSET® preparation classes available. All of this is at **NO COST** – except your time. **Testing accommodations are available for individuals with documented disabilities.**

There are five sections to the HiSET® examination:

- **Writing** (consisting of 50 multiple choice questions and a written essay with a two-hour time limit)
- **Social Studies** (consisting of 50 multiple choice questions with a 70-minute time limit)
- **Science** (consisting of 50 multiple choice questions with an 80-minute time limit)
- **Reading** (consisting of 40 multiple choice questions with a 65-minute time limit)
- **Mathematics** (consisting of 50 multiple choice questions with a 90 minute time limit. You may use a calculator for the entire test.)

Please note: Due to State of Maine requirements, scoring is done off-site and may take two or more weeks for results.

HiSET MATH LAB

HUARD, FRANK

Based on pretest results, students will receive instruction in math in preparation for HiSET testing. One-on-one instruction will be provided when possible.

**THU/January 25, 2018, 6:00-9:00,
15 weeks, Kennebec Learning
Center, Cost: Free**

HiSET PREP

RENCKENS, THOMAS

Based on pretest results, students will receive instruction in Language Arts-Writing, Social Studies, Science, Language Arts-Reading, and Mathematics in preparation for HiSET testing. One-on-one instruction will be provided when possible.

**THU/January 25, 2018, 5:00-9:00,
15 weeks, Kennebec Learning Center,
Cost: Free**



HiSET WRITING LAB

DOODY, JONATHAN

This class is designed to help students improve their writing skills for college or the HiSET. Learn to develop a main idea through explanation of supporting reasons, examples, and details. We will cover clear organization of ideas, including an introduction and conclusion, logical paragraphs and effective transitions; language use, including varied word choice, varied sentence constructions and appropriate voice; and clarity and correctness of writing conventions.

**THU/January 25, 2018, 6:00-9:00,
15 weeks, Kennebec Learning Center,
Cost: Free**



HIGH SCHOOL COMPLETION

Did you complete your high school diploma? If not, now is the time to do so. Contact us at (207) 626-2470 and make an appointment and begin the step by step process. We will help you decide the best option for attaining that goal and others.

CONY HIGH SCHOOL DIPLOMA

For a Cony High School Diploma, you will have to earn 24 Carnegie Units or credits to graduate. Your transcript is analyzed, and previous high school, college, work, volunteer/community service, homemaking, military, and life experiences will be applied to determine remaining requirements for graduation. Basic requirements are as follows:

ENGLISH	4.0 CU	FINE ARTS	1.0 CU
U S. HISTORY	1.0 CU	ECON FOUNDATIONS	0.5 CU
CIVICS	0.5 CU	COMPUTERS	0.5 CU
GLOBAL INSIGHTS	1.0 CU	SCIENCE	3.5 CU
SOCIAL STUDIES	0.5 CU	ELECTIVES	7.0 CU
MATHEMATICS	3.5 CU	COLLEGE/CAREER	
HEALTH	0.5 CU	ADVISING	.5 CU
		COMMUNITY SERVICE	20 HRS

All required courses are offered through Adult Education. It is a constructive way to enjoy a night out and earn your high school diploma at the same time.

HIGH SCHOOL COMPLETION

CAREERS

ACADEMIC AND CAREER ADVISING

CORCORAN, REBECCA

This course will prepare students for post secondary education and the workplace. It covers interest inventories, learning styles, and personality preferences, self-evaluations of work abilities and skill toward career pathways. Recognizing and overcoming barriers to college and the workplace will be discussed as well as development of appropriate attitudes, time management, organizational skills, conflict resolution, and work ethics. College placement testing, college tours, navigating a college campus or career site, interviewing skills and applications for college and work will be covered, along with resumes, and doing on-line

applications. We will address the soft skills one needs to get and keep a job or stay in school.

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MON/March 26, 2018, 2:30-5:30, 8 weeks, Kennebec Learning Center, Text Fee: TBA

WED/March 28, 2018, 2:30-5:30, 8 weeks, Kennebec Learning Center, Text Fee: TBA

THU/March 1, 2018, 6:00-9:00, 8 weeks, Kennebec Learning Center, Text Fee: TBA



COMPUTERS

INTRODUCTION TO VIDEO PRODUCTION/GRAPHIC DESIGN

CORMIER, ANDRE

Whether it is local news, live sports, documentaries, or long form videography, this class will give you insight and exposure to the process of video production. The class will go through the process of developing a story, a production plan, and bringing that plan to completion. The class will also cover the basics of using a video camera from both a technical and composition perspective. Students will also be introduced to editing software (Final Cut Pro/iMovie) and graphic design software (Photoshop/Gimp). The technical aspects of live video and studio production will also be discussed.

TUE/January 23, 2018, 12:30-2:00, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

ENGLISH

COMPOSITION, LITERATURE, AND FILM

FOSTER, JANICE

This class is designed to prepare students to develop higher critical thinking skills by studying thematic issues, reflected through literature and film. Students will read and write while they develop knowledge of different types of media. Furthermore, students will learn about the relationships between literature, composition, and film to gain an understanding of the complex interplay between film and literature.

TUE/January 23, 2018, 2:30-5:30, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15



CONTEMPORARY AMERICAN FICTION

FOSTER, JANICE

Contemporary Literature will introduce students to a range of non-fiction, drama, poetry, short stories, and essays from a variety of writers from 1945 to present time. The class will hold discussions and write communicating, ideas, themes, style, and form from these readings. This will allow students to understand what defines contemporary American fiction and why we study it.

THU/January 25, 2018, 2:30-5:30, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

ODYSSEYWARE LAB

CORMIER, ANDRE

This class is a tutorial, interactive computer assisted, self-paced course designed for high school diploma students. Required diploma subjects will be taught using Odyssey Academic Software.

MON/January 22, 2018, 12:30-2:30, 15 weeks, Kennebec Learning Center, Diploma Students Only, Fee to be determined by program

WED/January 24, 2018, 12:30-2:00, 15 weeks, Kennebec Learning Center, Diploma Students Only, Fee to be determined by program

READING AND WRITING UNLEASHED

FOSTER, JANICE

This class focuses on emphasizing the integration of reading and writing to become a single process of understanding and expressing ideas. It highlights critical thinking and reinforces its relationship to these processes. Readings are presented and used as the basis for instruction, illustration, and practice. The writing demonstrates comprehension of the reading; therefore, the student learns both sets of competencies.

TUE/THU, January 23, 2018, 12:30-2:00, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

HEALTH

CHILD DEVELOPMENT

MICHAUD, CAROL

Children's behavior can be both fascinating and frustrating, especially when you don't understand it. This class will explore physical, emotional, social and intellectual development from conception through adolescence. We will see how child development theory applies to everyday life. Links will be made to parenting, family, community, and the workplace. You will learn that taking care of children is one of the most important responsibilities you can have.

TUE/January 23, 2018, 2:30-5:30, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

EXPLORING RELATIONSHIPS

*PARADIS, KATHLEEN
PROVOST, NANCY*

This course focuses on the relationships between personal choices and individual well-being with an emphasis on teaching healthy ways to listen and communicate with family, peers, and others. Discussion will raise awareness about social issues and increase knowledge and understanding of the dynamics of interpersonal relationships.

THU/January 25, 2018, 2:30-5:30, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

PSYCHOLOGY

MICHAUD, CAROL

Psychology is the study of behavior. In this class we will explore the fascinating human brain and the wide world of human behavior. Topics covered will include: emotions and motivation, sensations and perceptions, stress, the brain, the personality, altered states of consciousness, abnormal behavior and the learning process. This class will be helpful in understanding yourself and others.

TUE/January 23, 2018, 6:00-9:00, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15



HISTORY & GOVERNMENT

ECONOMIC FOUNDATIONS

EMERY, MICHAEL

This course is designed to introduce students to basic economic principles and skills associated with Personal Economics, Microeconomics, Macroeconomics, and Global Economics. We will cover the basic skills (balancing a checkbook, maintaining good credit) you will need to get by in today's modern financial maze. We will explore what you need to know about credit and loans, insurance, taxes, how to pay for college and how to be an informed consumer when making a large purchase.

TUE/January 23, 2018, 2:30-5:30, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

INTEGRATED SOCIAL STUDIES

EMERY, MICHAEL

This course serves as a combined investigation of topics related to US and World History, Current Events, Civics/Government, and Global Insights. Together we will discuss situations, current and historical, and each learner will examine them through the lens of one particular social studies discipline. May be repeated for credit, though a new social studies discipline must be chosen each time.

MON/January 22, 2018, 6:00-9:00, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

THU/January 25, 2018, 2:30-5:30, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

MATH

APPLICATIONS OF ALGEBRA

EMERY, MICHAEL

This is an advanced course that investigates real-world applications of concepts from algebra and other branches of mathematics. Learners may focus on a subject such as Algebra II, Probability & Statistics, Geometry, or Precalculus. Topics may include functions; sets; polynomials and factoring; properties of real numbers; rational expressions; systems of equations; logarithms; advanced geometric concepts; trigonometry; descriptive and inferential statistics; tools for statistical analysis; and more.

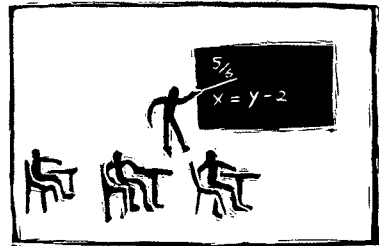
TUE/January 23, 2018, 6:00-9:00, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

FOUNDATIONS OF ALGEBRA

EMERY, MICHAEL

This course builds on the concepts learned in Foundations of Math and prepares learners for Number Skills for College. In this course we will investigate operations with fractions and decimals; ratios, proportions, and rate of change; probability and measures of central tendency; exponents and radicals; integers; irrational numbers; order of operations; and more complex geometric concepts.

MON/January 22, 2018, 8:30-11:30, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15



Visit us at www.augusta.maineadulted.org



Maine College Transitions is perfect for those who want to further their education and already have a high school diploma or equivalency.

Hundreds of students have taken Maine College Transitions and gained entrance into trade schools, community colleges, and four-year colleges or universities.

If you have a dream and the desire, we have the tools that will help you get to your goal.

TAKE THE STEP

- FINANCIAL PLANNING
- ON-GOING SUPPORT
- COLLEGE & CAREER GUIDANCE
- SKILLS DEVELOPMENT
- COLLEGE ADMISSION



MaineCollegeTransitions.org





FOUNDATIONS OF ALGEBRA

CORMIER, ANDRE

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MON/January 22, 2018, 6:00-9:00, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

FOUNDATIONS OF MATH

EMERY, MICHAEL

This course provides instruction in basic math computation. We will explore the place value system; the meaning of the four basic operations (addition, subtraction, multiplication, and division) and their application to whole numbers; the language of math and how to translate between mathematical language and English; basic geometric concepts; simple probability; measurement; and the meaning of fractions and decimals. This course will lay the foundation for future math courses, in particular Foundations of Algebra.

WED/January 24, 2018, 8:30-11:30, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15



INTEGRATED MATH

EMERY, MICHAEL

Material in this course will vary depending on the needs of learners. The instructor's goal is to group learners of similar levels together whenever possible. We will engage in both group learning and individual work, using a combination of textbook-, computer-, and activity-based learning. Topics will

vary from whole-number operations to algebraic problem-solving, geometric reasoning, probability, and everything in between.

WED/January 24, 2018, 2:30-5:30, 15 weeks, Kennebec Learning Center, Diploma Students Only, Lab Fee: \$15

SCIENCE



INTEGRATED SCIENCE

CORMIER, ANDRE

Explore the different aspects and integrations of science using technology and student collaboration. Learners will be able to choose and investigate a scientific focus in Environmental, Earth and Space, or Physical Science, Biology, Chemistry, or Engineering – Energy – the Environment. Students will be able to work individually and participate in group experiments and activities; develop an ability to be aware of and participate in scientific inquiry; deepen their understanding of interrelationships between organisms and the environment, recognize patterns in systems, and expand their knowledge of cellular dimensions of living systems. Engage and explore the world through the lens of science!

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CORMIER, ANDRE

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WED/January 24, 2018, 12:30-2:00, 15 weeks, Kennebec Learning Center, Diploma Students Only, Fee to be determined by program



Registration Request Form

(Please cut along dotted lines & mail to: Augusta Adult & Community Education, 33 Union Street, Suite 2, Augusta ME 04330)

Use this form to enroll in Augusta Adult & Community Education courses. You are enrolled as soon as we receive your completed registration form & fee. **You will not be notified unless difficulty is encountered.** *(Please print)*

Name (Last) _____ (First) _____ Date _____
Address _____
Phone (work) _____ Phone (home) _____
E-mail address: _____
How did you learn about our program? _____

Course Name	Night*	Fee

**Please indicate night, if offered more than one night.*

<i>For office use only</i>

Check if senior citizen discount
Make your check payable to:
Augusta Adult Education
Total Enclosed: \$ _____

Registration Request Form

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How did you learn about our program? _____

Course Name	Night*	Fee

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Augusta Adult Education
Total Enclosed: \$ _____

